

JANUARY 2023 PROGRAMS

All Programs are free and open to the public. An adult must accompany children. Reasonable accommodations available upon request. Parking fees may apply depending on program location. Please follow all current COVID guidelines: [Mass.gov/COVID](https://www.mass.gov/covid). For more information please email Jesse MacDonald, Visitor Services Supervisor, at jesse.macdonald@mass.gov.

Wed.— Sun.
9:00 am-
3:00 pm

CHRISTOPHER P. DUNNE VISITOR CENTER 177 Forest Street, Saugus

Modelled after a hunting lodge which once stood inside the park, stop in to find historic photos, artifacts, and animals!

Sunday
January 15

HIKE N' SEEK, 11:00 am-12:00 pm

Visitor Center, 177 Forest Street, Saugus

Adventure awaits! This program is for young hikers (toddler through school-aged kids) and their families. Join the park interpreter for a hands on exploration of the plants and animals that call Breakheart home! Hikes are approximately 1 mile and are not accessible for strollers. *Meet at the Visitor Center. Rain or snow cancels.*

Tuesday
January 10

BREAKHEART BIRDING CLUB, 9:00 am-10:00 am

Visitor Center, 177 Forest Street, Saugus

Help our park interpreter identify and count the many different birds that visit Breakheart. Take part in this world-wide project to document the distribution, abundance and movements of thousands of species. Binoculars encouraged but not necessary. First time birders welcome! Best for adults and older children. *Meet outside the Visitor Center. Rain or snow cancels.*

Friday
January 13

STORIES IN STONE HIKE, 10:30 am-12:30 pm

Visitor Center, 177 Forest Street, Saugus

Breakheart has been shaped not only by nature but by the many people who have called it home. Join our park interpreter to uncover this history through the stone artifacts they left behind. This is a 2.5 mile moderate hike along rocky trails, with several stops. Best for adults and older children with a keen interest in history. *Meet outside the Visitor Center. Rain or snow cancels.*

Friday
January 13

WINTER WILDLIFE SIGN, 2:00 pm-3:30 pm

Visitor Center, 177 Forest Street, Saugus

Winter is a great time to observe the signs of native animals that make our forests their home! Join us as we scout the less-traveled paths of Breakheart and learn to identify different species based on the tracks we find. Hikes will range from 2—4 miles and travel on uneven and rocky terrain. Best for ages 8 and up. *Meet at the Visitor Center. Rain or snow cancels.*

Saturday
January 7, 14

OFF THE BEATEN PATH HIKES, 10:00 am-12:00 pm

Visitor Center, 177 Forest Street, Saugus

Join the Park Interpreter for this weekly hike! Each trip will highlight natural and historic features that make Breakheart unique. Hikes will range from 2—4 miles and travel on uneven and rocky terrain. Best for ages 8 and up. *Meet at the Visitor Center. Rain or snow cancels.*

PROGRAMS CONTINUED ON NEXT PAGE

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PROGRAMS CONTINUED

Saturday
January 14

FIRESIDE CHAT SERIES, 2:00 pm-3:30 pm

Visitor Center, 177 Forest Street, Saugus

This series features discussion topics important to our parks and expert guest speakers from both DCR and related fields. Events are held inside the Visitor Center.

Understanding Invasives

Presented by Jesse MacDonald, Breakheart Visitor Services Supervisor.

Our forests are threatened every day by invasive plant species from across the globe. This presentation will focus on: what is an invasive species, and the invasive plants affecting our parks (the “Big Six”).

SPECIAL PROGRAMS & EVENTS

Sunday
January 1

FIRST DAY HIKES, 10:00 am-12:00 pm

Visitor Center, 177 Forest Street, Saugus

Start off the New Year with an **invigorating First Day Hike** and make a resolution to burn off those extra holiday calories! Two guided hikes will be offered—a 2-mile hike and 3-mile hike along the paved loops of Breakheart. Following the hike, warm up with hot chocolate and Kelly’s clam chowder by the fire in the Visitor Center! Dress for cold weather—wear layers and winter boots. Suitable for all ages. *Meet at the Visitor Center. Rain or snow cancels.*

Co-sponsored by Friends of Breakheart Reservation.



Breakheart Reservation

177 Forest Street, Saugus, MA 01906. Tel. (781) 233-0834

coming events